

Appendix 1

Table 1 Sport and Physical Activity Levels (Adults aged 16+) Years November 2015-2016, May 2018- May 2019, May 2019 – May 2020

Sport and Physical Activity Levels (Adults aged 16+)	November 2015 - November 2016			May 2018 - May 2019			May 2019 - May 2020		
	Active	Fairly Active	Inactive	Active	Fairly Active	Inactive	Active	Fairly Active	Inactive
	(150+ minutes a week)	(30-149 minutes a week)	(<30 minutes a week)	(150+ minutes a week)	(30-149 minutes a week)	(<30 minutes a week)	(150+ minutes a week)	(30-149 minutes a week)	(<30 minutes a week)
<b>England</b>	62.1%	12.4%	25.6%	63.2%	12.0%	24.8%	62.8%	11.7%	25.5%
<b>West Midlands</b>	58.7%	12.9%	28.4%	59.0%	12.6%	28.4%	58.7%	12.7%	28.6%
Staffordshire	57.5%	13.0%	29.4%	60.0%	13.6%	26.4%	62.3%	12.1%	25.6%
Stoke-on-Trent	53.1%	14.3%	32.6%	53.0%	13.2%	33.8%	54.4%	12.8%	32.8%
Cannock Chase	55.1%	14.6%	30.3%	58.6%	14.9%	26.6%	57.4%	14.8%	27.8%
East Staffordshire	59.9%	11.5%	28.6%	60.1%	12.6%	27.3%	58.1%	13.3%	28.6%
Lichfield	58.2%	12.2%	29.6%	60.7%	13.6%	25.7%	65.9%	8.9%	25.3%
Newcastle-under-Lyme	56.7%	15.0%	28.4%	60.1%	15.3%	24.6%	63.9%	8.5%	27.6%
South Staffordshire	57.5%	15.2%	27.3%	60.4%	13.2%	26.4%	62.6%	12.1%	25.4%
Stafford	63.4%	8.8%	27.8%	60.3%	14.0%	25.7%	64.3%	14.2%	21.5%
Staffordshire Moorlands	52.5%	12.7%	34.8%	60.2%	12.2%	27.5%	64.8%	10.0%	25.2%
Tamworth	53.9%	15.9%	30.2%	58.9%	12.1%	29.0%	60.3%	16.2%	23.5%

## Appendix 2

Table 2 Sport and Physical Activity Levels (Children and Young People in school years 1 – 11)

Sport and Physical Activity Levels (Children and Young People in school years 1-11)	Academic Year 2019-20			Change compared to Academic Year 2018-19					
	Active (an average of 60 minutes or more a day)	Fairly active (an average of 30-59 minutes a day)	Less active (less than an average of 30 minutes a day)	Active (an average of 60 minutes or more a day) <sup>1</sup>		Fairly active (an average of 30-59 minutes a day) <sup>1</sup>		Less active (less than an average of 30 minutes a day) <sup>1</sup>	
				Absolute	Significance	Absolute	Significance	Absolute	Significance
England, Academic Years 2018-19, 2019-20	Rate (%)	Rate (%)	Rate (%)	Absolute	Significance	Absolute	Significance	Absolute	Significance
England	44.9%	23.8%	31.3%	-1.9%	Significant decrease	-0.4%	No change	2.4%	Significant increase
West Midlands	44.4%	22.9%	32.7%	-1.1%	No change	-0.8%	No change	1.9%	No change
Staffordshire	40.1%	24.4%	35.5%	-4.8%	Significant decrease	-0.3%	No change	5.1%	Significant increase
Stoke-on-Trent	40.5%	18.9%	40.6%	-0.7%	No change	-6.7%	No change	7.4%	No change
Cannock Chase	40.0%	22.1%	37.9%	^	^	^	^	^	^
East Staffordshire	42.2%	23.7%	34.1%	-3.8%	No change	-0.3%	No change	4.1%	No change
Lichfield	41.8%	25.3%	32.8%	-9.4%	Significant decrease	3.7%	No change	5.7%	No change
Newcastle-under-Lyme	48.0%	19.6%	32.5%	11.6%	Significant increase	-7.9%	Significant decrease	-3.8%	No change
South Staffordshire	37.5%	28.8%	33.7%	-7.6%	No change	7.4%	No change	0.2%	No change
Stafford	45.3%	24.1%	30.6%	-8.1%	No change	2.0%	No change	6.0%	No change
Staffordshire Moorlands	29.4%	30.4%	40.2%	-24.0%	Significant decrease	2.1%	No change	21.9%	Significant increase
Tamworth	^	^	^	^	^	^	^	^	^

### Caveats for LA Data

Some data is flagged orange within the 'Change compared to year 17-18' or 'Change to year 18-19' columns. This is because there are missing school phases or missing Terms within the data, again affecting the reliability / validity of assessing change to previous years. Activity levels differ by term, and so where you are not comparing like for like the result will be different due to the profile, not solely through a genuine change – if there is a genuine change this will be hard to unpick. In the case of large changes, you might assume the scale is exaggerated but the direction is likely, with smaller changes we would recommend not relying on these.